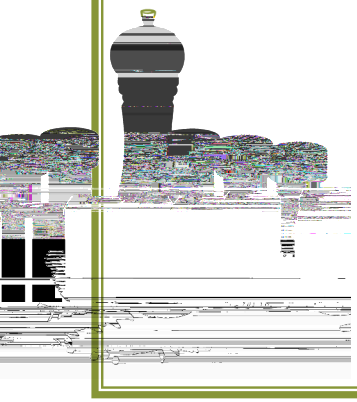
Nutrition Tips

NORTHWEST