

After the immediate crisis

Calls to make

Call your doctor or dialysis center to let them know you are safe and to get advice on what to do next.

Call your insurance company at 1-800-XXX-XXXX (if you have health insurance) to get advice on what to do next.

Call your state's disaster relief hotline at 1-800-0-1234 (if you have health insurance) to get advice on what to do next.

Call your local emergency shelter at 1-800-XXX-XXXX to get advice on what to do next.

If you go to an emergency shelter

Bring your ID, insurance cards, and any other important documents with you.

If you leave home, take these with you

• ID, insurance cards, and any other important documents

Listen and watch

Listen to the news and watch local news reports to get the latest information on what is happening in your area.

Listen to the news and watch local news reports to get the latest information on what is happening in your area.

If you can't get to dialysis

Call your doctor or dialysis center to let them know you can't get to dialysis.

Call your state's disaster relief hotline at 1-800-0-1234 (if you have health insurance) to get advice on what to do next.

Call your local emergency shelter at 1-800-XXX-XXXX to get advice on what to do next.



Call your doctor or dialysis center to let them know you can't get to dialysis. Call your state's disaster relief hotline at 1-800-0-1234 (if you have health insurance) to get advice on what to do next. Call your local emergency shelter at 1-800-XXX-XXXX to get advice on what to do next.

Bring your ID, insurance cards, and any other important documents with you. Listen to the news and watch local news reports to get the latest information on what is happening in your area.



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